

# Campout Meal Planning Worksheet

You Need To Complete and Show This Sheet for 1st Class Requirements

Campout: \_\_\_\_\_

Date: \_\_\_\_\_

Patrol: \_\_\_\_\_

Date	Meal	Meal Items	Food Group	Items/Quality Needed to Purchase
Saturday				
	Breakfast			
	Lunch			
	Dinner			
Sunday				
	Breakfast			

## Common Items Needed for Patrol Kitchen

Item	
Foil	
Salt	
Pepper	
Sponges	
Dishwashing Soap	
Propane	
Mantles for Lantern	
Scrubbing Cloth for Dishes	
Tobasco Sauce	
Chlorox	
Handsoap for washing hands	

(Cost for these items are in addition to food costs and will be shared by all members of the patrol)

Check items that need to be purchased

Buy these items if you have money left over.

## Food Groups

Group	Items	Servings/Day
1	Breads, Cereal, Rice, and Pasta Group	6-11
2	Fruit Group	2-4
3	Vegetable Group	3-5
4	Milk, Yogurt, and Cheese Group	2-3
5	Meat, Poultry, Fish, Dry Beans, Eggs, and Nuts Group	2-3
6	Fats, Oils, and Sweets (Use sparingly)	Sparingly

## Food Group Summary By Meal

Sat Breakfas	Sat Lunch	Sat Dinner	Sun Breakfas

## Meal Costs

Total Food Cost	
# of Patrol Members	
Cost per Person	

I need to buy food for \_\_\_\_\_ people. My budget is \$\_\_\_\_\_ times the number of people. Keep your receipts. The troop treasurer will reimburse your expenses up to your budget.

Reviewed By Patrol Leader: \_\_\_\_\_ Reviewed by Senior Patrol Leader: \_\_\_\_\_ Reviewed by Assistant Scoutmaster \_\_\_\_\_